



INCLUDED ITEMS

Exhibit E

Location: Swann

Address: _____

WORKOUT EQUIPMENT SECTION A	INCLUDES
Abdominal crunch	1
Arm curl	1
Butt machine	1
Chest press ISO	1
Lat pull down fixed arm	1
Leg curl	1
Leg extention	1
Lower back extention	1
Rotary torso	2
Adductor	1
Seated calf	1
Shoulder press	1
Abductor	1
Leg Pressor Squat	1
Triceps	1
Maintenance Guide	1
Maintenance Sheets	2
Maintenance tool box	1
Compressor 60 gallons	1

CADIOVASCULAR EQUIPMENT SECTION B	
Steps	8
Stationary bicycles	7
Stretching mat	5
Wall mounted Instant heart rate monitor	1

COMPUTER SYSTEM SECTION C (Loan from the supplier)	
Computer CORE DUO 2.5ghz,2Go Ram Windows XP	1
Monitor LCD 19 inches with speakers	1
Printer 3 in 1	1
Scanner Infra-red	1
Web cam	1
Surcharge power bar	1
Swann key tag	500
Software SGS.NET Swannsoft + microsoft office	1

AUDIO SECTION D	
Stereo amplifier	1
Speakers	2
Braketts for speakers	2

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PROMOTIONAL ITEMS (publicity) SECTION E	INCLUDES
Personalised business cards	6000
Personalised free trial cards	6000
SWANN pen	50
Cardiovascular charts	2
Stretching posters (3 pieces)	1
Pamphlet	100
Reference posters	2
Swann Rules posters (2), Suvey posters (2)	4
Towel posters	2
Poster 11" x17" « We are hiring »	1
Swann Sports bag	15
Promo t-shirt (3 sm,4 me,4 La ,4 xL)	15
Employee uniforme (pink polo)	4
Franchisee uniform (blue polo)	2

PROMOTIONAL ITEMS (publicity) SECTION E-1	INCLUDES
Exterior sign on building 2' x 8' as per Swann standards	1
Interior vinyl Swann logo	2
Vinyl Swann logo for reception desk	1
Opening Soon Banner (loan)	1
Now Opened Banner (loan)	1

FURNITURE SECTION F	
Letter size filling cabinet 2 drawers	1
Computer chair	1
Round evaluation table	1
Locker 36" (6 doors)	2
Reception desk	1
Courtesy armchair	1
Shelf unit for products	1
Microwave oven	1
Vacuum cleaner	1
Clock	1
Garbage can for reception desk	1
Garbage can (floor)	1
Bathroom garbage can	2
Bathroom scale	1
Hairdryer	2
Chair for clients	4
Fire extinguisher 5lbs	2

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OFFICE SUPPLIES SECTION G	INCLUDES
Letter file folders	100
Letter hanging folders	25
Business card holder	1
Pencil cup	1
Paper clip cup	1
2 line speakerphone	1
Stapler	1
Calculator	2
Mini desk file holder	1
Scotch tape	1
Ruler 12"	1
Ball point pens (12)	1
Mechanical pencil	3
Box of paper clips	1
Box of push pins	1
Zip expand file	1
3 hole punch	1
Box of standard staples	1
Ring binder 1"	1
Scissors	1
Hi-Liter	4 (color)
Eraser	1
Copy paper 8.5 x 11 (500 sheets)	1
Correction tape	2
Cash box	1
Sign holder slanted 8.5 x 11	1
Leaflet holder 8.5 x 3	1
Moulded tabs 2" (25)	1
Ready Index 5tabs	1
Mounting Putty	1
Body measuring tape (1x60", 1x120")	2
Electronic Timer	3
First Aid kit	1

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DISPENSERS SECTION H	INCLUDES
Anti-Bacterial foaming hand rub	1
Shower dispenser 2L	2
Roll towel dispenser	1
Hand lotion dispenser	1
Bathroom tissue dispenser	2
Hand soap dispenser	2
Spray bottle	2

PRODUCTS SECTION I	
Waterless anti-bacterial hand cleanser	1
Encompass shower gel 2 L	2
Hand lotion	1
Foam liquid hand soap	2
Hand Roll Towel (6)	1
Jumbo Rolls Bathroom tissue (12)	1
Germicidal detergent	1
Facial tissues (30)	1

COKE PRODUCTS SECTION J	
Water (24)	5
Fuze Shape (12)	2
Vitamin Water 10 calories (12)	3
Coke refrigerator (Property of Coke)	1

DIETARY SUPPLEMENTS SECTION K	
Syntha 6 2.91 lbs	2
Lean Dessert 630g	4
Glutamine 200g	4
Whey Sensation 81 2 lbs	4
Whey Sensation 81 5 lbs	1
I Cleanse	3
Protein Bars (12)	1

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