



INCLUDED ITEMS

Exhibit E

Location: Swann

Address: _____

WORKOUT EQUIPMENT SECTION A	INCLUDES
Abdominal crunch	1
Arm curl	1
Butt machine	1
Chest press ISO	1
Lat pull down fixed arm	1
Leg curl	1
Leg extention	1
Lower back extention	1
Rotary torso	2
Adductor	1
Seated calf	1
Shoulder press	1
Abductor	1
Squat machine	1
Triceps	1
Maintenance Guide	1
Maintenance Sheets	2
Maintenance tool box	1
Compressor 60 gallons	1

Updates on all products and quantities of this exhibit E, can be made by SWANN Inc. without notice.

CADIOVASCULAR EQUIPMENT SECTION B	
Steps	8
Stationary bicycles	7
Stretching mat	5
Instant heart rate monitor	1

COMPUTER SYSTEM SECTION C	
Computer CORE DUO 2.5ghz,2Go Ram Windows XP	1
Monitor LCD 19 inches with speakers	1
Printer 3 in 1	1
Scanner Infra-red	1
Web cam	1
Swann key tab	500
Software SGS.NET Swannsoft + microsoft office	1

AUDIO SECTION D	
Stereo amplifier	1
CD Player (5 CD)	1
Speakers	2
Braketts for speakers	2

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PROMOTIONAL ITEMS (publicity) SECTION E	INCLUDES
Personalised business cards	6000
Personalised free trial cards	6000
Nutritionnal Guide	1
Recepies/menus booklet	1
Cardiovascular charts	2
Stretching posters (3 pieces)	1
Pamphlet	100
Swann Product posters (2), reference posters (2)	4
Swann Rules posters (2), Suvey posters (2)	4
Towel posters	2
Poster 11" x17" « We are hiring »	1
Opening Soon Banner (loan)	1
Now Openned Banner (loan)	1
Swann Sport bag	25
Promo t-shirt (5 sm,10 me,10 La ,5 xL)	30
Employee polo	4
Franchisee uniform (1 vest, 2 polos)	1
Exterior sign on building	1
Interior vinyl Swann logo	2
3D Logo for reception desk	1

FURNITURE SECTION F	
Letter size filling cabinet 2 drawers	1
Computer chair	1
Round evaluation table with logo	1
Locker 36" (6 doors)	2
Reception desk	1
Courtesy armchair	2
Shelf unit for products	1
Bench for locker room	2
Microwave oven	1
Vacuum cleaner	1
Clock	1
Garbage can for reception desk	1
Garbage can	2
Bathroom garbage can	2
Bathroom scale	1
Hairdryer	2
Horizontal blinds for the office	1
Wall-mount hooks for locker room	10
Shower hooks	2
Chair for evaluation desk	2
Chair with Swann logo	2
Fire extinguisher 5lbs	2

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OFFICE SUPPLIES SECTION G	INCLUDES
Letter file folders	100
Letter hanging folders	25
Business card holder	1
Pencil cup	1
Paper clip cup	1
Stapler	1
Calculator	2
Two-line phone, 120V	1
Mini desk file hoder	1
Scotch tape	1
Ruler 12"	1
Ball point pens (12)	1
Mechanical pencil (3)	1
Box of paper clips	1
Box of push pins	1
Zip expand file	1
3 hole punch	1
Box of standard staples	1
Ring binder 1"	1
Scissors	1
Hi-Liter	4 (color)
Eraser	1
Copy paper case 8.5 x 11	1
Correction tape	2
Cash box	1
Sign holder slanted 8.5 x 11	1
Leaflet holder 8.5 x 3	1
Moulded tabs 2" (25)	1
Ready Index 5tabs	1
Mounting Putty	1
Surcharge power bar	1
Body measuring tape (1x60", 1x120")	2
Electronic Timer	3
First Aid kit	1

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PAGE 4

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DISPENSERS SECTION H	INCLUDES
Anti-Bacterial foaming hand rub	1
Shower dispenser 2L	2
Roll towel dispenser	1
Hand lotion dispenser	1
Bathroom tissue dispenser	2
Hand soap dispenser	2
Spray bottle	2

PRODUCTS SECTION I	
Waterless anti-bacterial hand cleanser	3
Encompass shower gel 2 L	6
Hand lotion	3
Foam liquid hand soap	4
Hand Roll Towel (6)	1
Jumbo Rolls Bathroom tissue (12)	1
Germicidal detergent	1
Facial tissues (48)	1

COKE PRODUCTS SECTION J	
Water (24)	5
Enhanced water (24)	2
Powerade (24)	1
Minute Maid Pure Juice (12) (apple-orange)	2
Energy drinks (12)	1
Coke refrigerator (Property of Coke)	1

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DIETARY SUPPLEMENTS SECTION K	
Acai Power 90c	2
Oregano Oil 90c	2
NutraSea + D 200ml	1
NutraSea + D 120c	1
CLA 90c	2
Glutamine Chewies 160c	1
Glutamine 400g + 40g	1
Super Multi Caps 90c	1
Whey Sensation 400g	2
Protein Isolate 3 lbs	1
Lean Dessert 630g	2
Hydroxy Cleanse 70c	2
Hydroxy Cut Max 120c	1
Hydroxy Cut Max 40 pouches	1
Labrada RTD's 12 x 14oz	1
Protein bars (12)	2

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